

# *Sufi Reiki Newsletter*

## *Sufi Reiki Association*

A publication of the Mir Sufi Centre – Spring/Summer 2011

### *Welcome Back!*

It has been a long time since we have created a Sufi Reiki newsletter. A lot has happened and changed since the last time you may have received the Sufi Reiki newsletter.

First off, there have been some updates made to the Sufi Reiki website: [www.sufireiki.org](http://www.sufireiki.org). In fact, there is still some construction taking place with the website but you can still access the website and possibly see the progress taking place. We are currently in the process of completely revamping the entire Sufi Reiki website, so be on the lookout for that!!

### *Sufi Reiki Practitioners are Now Worldwide*

Sufi Reiki Practitioners are now practicing worldwide and not just in the United Kingdom. There are now practitioners in Turkey and in the United States. Please go to [www.sufireiki.org](http://www.sufireiki.org) and click on the Certified Practitioners link to find practitioners near you or you can click directly here: <http://www.sufireiki.org/en/practitioners.asp>

Remember, even if the practitioner is not near you physically, you can still request a distant treatment from any one of the practitioners listed!

### *Sufi Reiki Teachers are Worldwide too!*

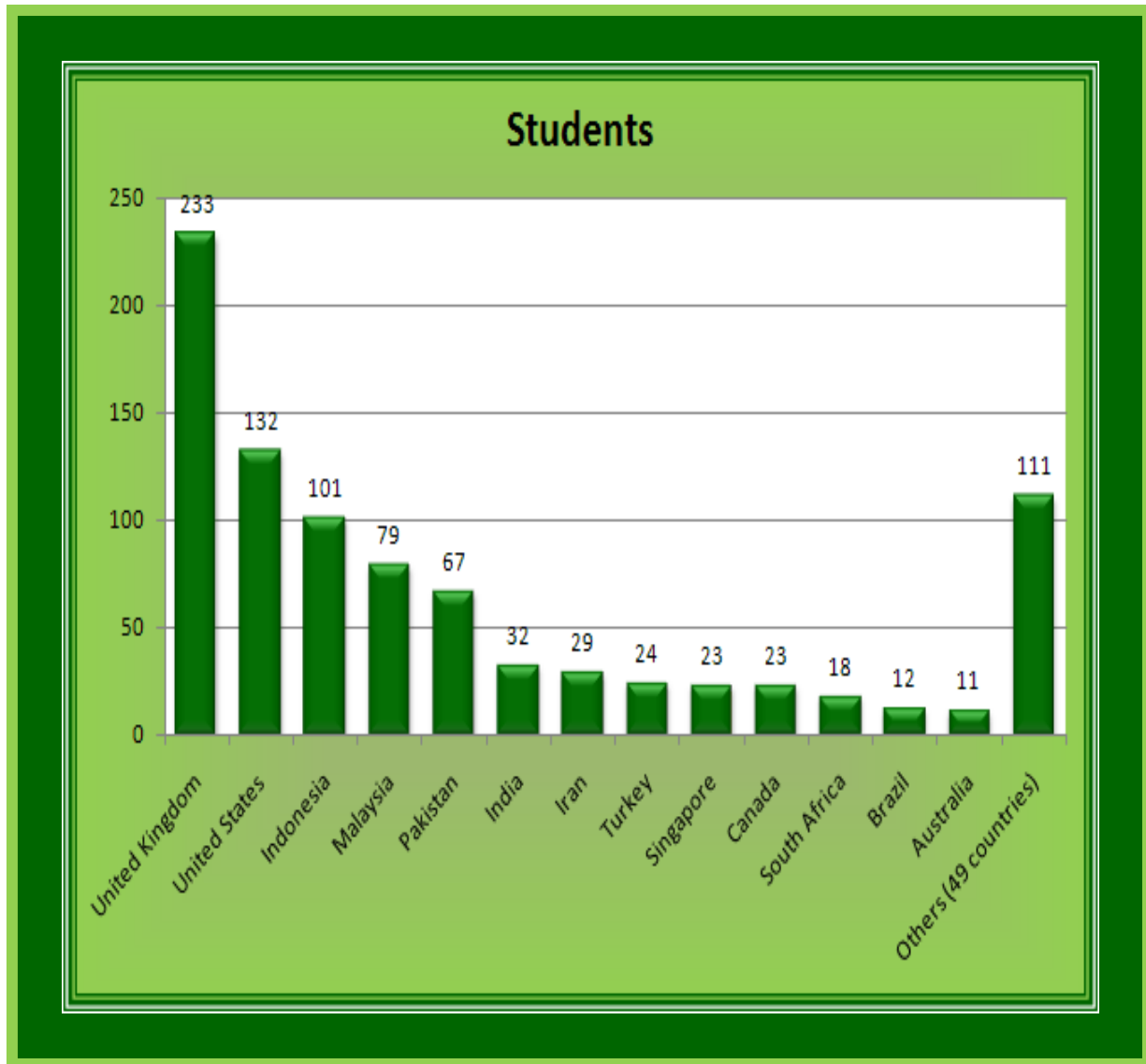
Sufi Reiki Teachers are now available internationally. Initially, there was just one Sufi Reiki Teacher in Wales, United Kingdom, attuning students from all over the world. In March of 2010, a Sufi Reiki Teacher became available in Istanbul, Turkey, and is available to attune students through classroom courses and distant attunement. In April 2011, another Sufi Reiki Teacher became available in Houston, Texas, USA. Other Sufi Reiki Teachers in the United Kingdom will shortly follow. Stay tuned to [www.sufireiki.org](http://www.sufireiki.org) for more information on classroom courses for Sufi Reiki.

### *Sufi Reiki Level 1 Course in Istanbul, Turkey*

On Saturday, March 6, 2010, a graduate of the Sufi Reiki Teacher level, Latif Turker, conducted a Level 1 Sufi Reiki attunement course. For more information about future course in Istanbul or surrounding areas, please email [latif@sufireiki.org](mailto:latif@sufireiki.org).

## *Students of Sufi Reiki*

Sufi Reiki is gradually becoming a worldwide phenomenon. With students in over 50 countries around the world, access to healing is becoming easier than before. However, there is still a lot of work to be done. Here is a sample of where Sufi Reiki students hail from:



## *Sufi Reiki Level 1 Course in USA*

The first Sufi Reiki Level 1 Course in the United States was held in Houston, Texas on Saturday, April 2, 2011. Other Sufi Reiki Level 1 courses in Houston will follow throughout the year on May 30 and tentatively on October 1 and November 5, 2011. Go to [www.sufireiki.org](http://www.sufireiki.org) to stay tuned for future dates and venues. For more information about Sufi Reiki courses in the UK, Turkey, USA or elsewhere, please email [rahman@sufireiki.org](mailto:rahman@sufireiki.org).

## *Seven Levels of Sufi Reiki*

Sufi Reiki is about experiences. It is one of the manifestations of The Mir Sufi Path. Each level allows individuals to gain the necessary cleansing, healing, experience and knowledge of this unique healing. Our objective is to make this healing available to everyone. If you would like to know more about The Mir Sufi Path, please ask.

There have been some changes made to the levels of Sufi Reiki from the past. Below is a list of the new levels. Please refer to [www.sufireiki.org](http://www.sufireiki.org) for the requirements of each level.

### Level 1 – Self Healing

Level 1 assists the individual to gain experience through the process of self-healing. This level does require one prerequisite, to receive at least one treatment. Level 1 is open to all.

### Level 2 – Treatment of Friends & Family

Level 2 allows the individual to share the benefits of healing with others and also extends the healing on oneself. The requirements to attend this level are to have regular communication of dreams, experiences and journal submissions to your registered teacher and to have your teacher's assessment and recommendation upon having completed Level 1 attunement and cleansing.

### Level 3 – Human Energy Field

Level 3 will enable the individual to extend their knowledge of Chakras, Auras and Kundalini. You will learn their functions, how to identify blockages and how to use this knowledge as a diagnostic tool. The requirements to attend this level are to have regular communication of dreams, experiences and journal submissions to your registered teacher; have a strong desire, firm intent and relevant skills to become a practitioner; a written assessment on the Human Energy Field, Anatomy and Physiology; to have your teacher's assessment and recommendation upon having completed Level 2 attunement and cleansing; and to be initiated to a (any) Sufi order.

### Level 4 – Treating Others: Pre-Professional Practice

In Level 4 you will be learning how to treat others beyond your friends and family and prepare towards the professional level. The requirements to attend this level are to have regular communication of dreams, experiences and journal submissions to your registered teacher and to have your teacher's assessment and recommendation upon having completed Level 3 attunement and cleansing.

### **Level 5 – The Latif System**

One of the greatest distinctions between Sufi Reiki and conventional hands on healing is the use of Latifs. Latifs allow healing to be applied at a fundamentally deeper level. The requirements to attend this level are to have regular communication of dreams, experiences and journal submissions to your registered teacher; to have your teacher's assessment and recommendation upon having completed Level 4 attunement and cleansing; and to produce at least three case studies (each case study requires that you give 3 treatments to 1 person).

### **Level 6 – Sufi Reiki Practitioner**

Completion of this level enables you to treat others in the professional manner. The requirements to attend this level are to have regular communication of dreams, experiences and journal submissions to your registered teacher; to have your teacher's assessment and recommendation upon having completed Level 5 attunement and cleansing. In addition, you will need to produce at least three case studies with a full treatment. Again, each case study includes a full treatment three times on one person. A full treatment consists of regular treatment (as in Level 4) along with a Latif treatment. Finally, you are also required to participate in three workshops provided by your teacher or alternatively to be assessed by your registered teacher by applying an average of three full treatments if there is no workshop facility available.

### **Level 7 – Sufi Reiki Teacher**

To complete this level, you must have gained at least one year experience at the practitioner level (Level 6), have been a registered practitioner with The Sufi Saints Healing Association and have treated a minimum of 33 hours per year including some terminally ill patients. In addition, you will be required to have regular

communication of dreams, experiences and journal submissions to your registered teacher; to have your teacher's assessment and recommendation upon having completed Level 6 attunement and cleansing; and perform 3 treatments under the supervision of a Sufi Reiki Association Registered Teacher.

Furthermore, you will be required to participate with the Pir (Master) in training and attunements of others in order to gain experience at this level. You are also required to have contributed significantly towards the aims and objectives of The Sufi Saint Healing Association as well as in assisting the Pir in his responsibilities for Sufi Reiki. You will then be assessed by the Pir for suitability to complete this level. This level will only be assessed and taught by the Pir. Completion of this level enables you to attune and train others up to and including the level of Sufi Reiki Practitioner (Level 6). After you have been qualified, you can then join The Sufi Saint Healing Association as a registered teacher. You are then required to attune at least 7 individuals to Sufi Reiki per year along with a minimum of 33 hours per year of Sufi Reiki treatments (including some terminally ill patients).

## *The Sufi Reiki (Sufi Saints Healing) Association*

The Sufi Reiki (Sufi Saints Healing) Association is part of The Mir Sufi Centre, registered in England & Wales as a charity (no. 1106275). The Mir Sufi Centre brings together the Sufi teachings and realised visions of the Sufi Master, Mir Mahmoud Hadian. Its primary objectives as far as Sufi Reiki (Sufi Saints Healing) is concerned are as follows:

- ❖ To facilitate healing & self-development,
- ❖ To preserve the integrity and uniqueness of Sufi Reiki (Sufi Saints Healing),
- ❖ To make this healing system available to all.

The Sufi Reiki (Sufi Saints Healing) Association aims to provide ongoing support through future workshops, seminars, publications, conferences and open days.

### *Email the Editor*

If you'd like to share any articles, experiences or questions for the next Sufi Reiki Newsletter, you can email the editor at [rahman@sufireiki.org](mailto:rahman@sufireiki.org). Sharing is caring! Your experience or question may help other students of Sufi Reiki, so don't be afraid to share.

## *Course Dates for Sufi Reiki for 2011*

**Saturday, April 2, 2011**

**Sufi Reiki – Level 1**

Centerpoint

1920 Hollister

Houston, Texas 77080 (USA)

1 pm to 5 pm

Email [rahman@sufireiki.org](mailto:rahman@sufireiki.org) or call +1-281-451-4854 for more information

**Monday, May 30, 2011 (Memorial Day)**

**Sufi Reiki – Level 1**

Centerpoint

1920 Hollister

Houston, Texas 77080 (USA)

1 pm to 5 pm

Email [rahman@sufireiki.org](mailto:rahman@sufireiki.org) or call +1-281-451-4854 for more information

**Saturday, October 1, 2011**

**Sufi Reiki – Level 1**

Half day course in the greater Houston, Texas, USA area

**Saturday, November 2, 2011**

**Sufi Reiki – Level 1**

Half day course in the greater Houston, Texas, USA area

Please continue to check [www.sufireiki.org](http://www.sufireiki.org) for courses that may be added throughout the year.

For more information on courses in the United Kingdom, Turkey or throughout the world, please check back at [www.sufireiki.org](http://www.sufireiki.org) and click on the Events Calendar or email us at [contact@sufireiki.org](mailto:contact@sufireiki.org).

# The Mir Sufi Centre

The Mir Sufi Centre is a development set within 33 acres of secluded rural land and woodland situated a few miles from Carmarthen in Wales.



*The Mir Sufi Centre, Llwynhaf, Llanddarog Road,  
Carmarthen, SA32 8AR. Tel:01267 275910*

**Beginners are welcome. All our courses and meditation sessions are offered from introductory level onwards.**

**We regularly offer a wide range of residential and non-residential courses throughout the year. These include:**

## **Sufi-Chi Yoga**

[www.sufichiyoga.org](http://www.sufichiyoga.org)

## **Sufi Reiki**

*(A form of hands-on healing)*

[www.sufireiki.org](http://www.sufireiki.org)

## **Sufi Meditation**

*(Sama, chanting meditation, silent meditation and whirling meditation)*

## **Sufi Retrieval and Retreat**

*(Self-discovery in the Sufi Way)*

[www.mirsufi.org](http://www.mirsufi.org)

Copyright © The Mir Sufi Centre 2002-2011

Sufi-Chi Yoga and Sufi-Chi Yoga logo are registered trademarks.

All rights reserved. The contents of this newsletter may not be reproduced in any form for further publication without the written permission of The Mir Sufi Centre.